

VOLUME 2

OCT · NOV · DEC 2014

THE TRUCARE Tribune

| Life Long Living
& Activities

| Holiday Gift
Guide

| TruSTARS at
TruCare

DECEMBER *At a Glance*

Pretty Nails
Saturdays
at 10:00 am



December Birthday Bash
with live music by JC Cooper

December 22 @ 3pm

Exercise
Saturdays @ 9:30

Museum Visit
December 13th



**Resident
Christmas Party**
Dec 19th

B-I-N-G-O
Sunday Afternoons @ 3pm

A Full activities calendar is available at the front desk, or online at tlc-columbus.com/newsandevents
Family and Friends are always welcome!

A Walk Down Memory Lane

The theme of our October Open House event was "A Walk Down Memory Lane". We celebrated the memories that TruCare Living Centers has made in our 6 years serving the community of Columbus.

We have met some incredible people, many of whom were gracious enough to share their treasured keepsakes for our guests to enjoy. Among the memorabilia were hand sewn baby quilts, engagement photos, and Mr. Neuendorf's Combat Infantryman badge and Purple Heart.



Life Long Living at TruCare Living Centers



No tricks here-
only treats!
Residents employ
their creativity to
decorate sugar
cookies with lots of
festive toppings.

Halloween Cookie Decorating



The TruCare team took
home First Place Float in the
County Fair Parade.

Photographed above:
Administrator Regina
Jones, proudly aboard our
float before it leaves the
facility and Business Office
Manager, Sherry Hoffman,
sporting our beautiful, blue
ribbon.

Health Care Services Manager,
Joshua Jones, and Marketing/
Admissions Director, John Jones,
serve brisket and sausage at the
QA BBQ.



BBQ

First Place Float

From our Kitchen to Yours



Cranberry Salad

Ingredients:

- 1 large box cherry Jello
- 1 can whole cranberry sauce
- 1 small can crushed pineapple
- 1-8 oz. cream cheese; softened
- ½ cup small curd cottage cheese

Directions:

- Bring 3 cups of water to boil
- Add Jello
- Stir until dissolved
- Cut up cream cheese
- Add to Jello mix
- Stir until cream cheese dissolves
- Let cool slightly
- Add cottage cheese, pineapple, and cranberry sauce
- Stir to blend well
- Chill in mold or bowl

Life is Sweet

Spend Time With Family & Friends



The Holiday season is a wonderful time for family and friends to gather around the dinner table to share a meal, make new memories and reminisce on the old.

TLC likes to foster these special dinners-- our beautiful private dining room is available to your family and our talented dietary manager can work with you to set the perfect menu. Call today to make your reservation.



Merry & Bright

Family Christmas Dinner
December 19th at 5:30 pm

Strike A Pose!

Photo booth is a big hit among residents, families, and friends at TLC Open House event.

1, 2, 3.. Say cheese! Those participating in the photo booth at our open house event were not just smiling for the camera. Everyone got a great laugh from the silly props-- boas, masks, mustaches, glasses, hats, fur, sequins and more!

The building came to life with music and chatter, and somehow stepping in front of a glitzy, gold backdrop allowed people to become anything they could dream up-- awakening our inner movie stars and comedians.

The photos seen here are nearly as fun as seeing multi generations laughing together-- and after all, laughter is the best medicine!





RESIDENT SPOTLIGHT

Janice Gregory

Janice Gregory has been here with TLC-Columbus for several years. She was born January 9, 1965, to Bobby and Chaney Gregory. She's a preacher's daughter and grew up in Cotulla, Texas for her first 8 yrs. From there moved and graduated High school in Robstown. After graduation she worked in a job training facility for the handicapped in Greenville.

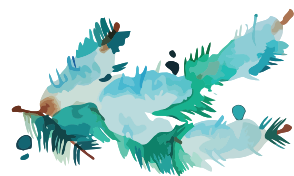
Her favorite activities are playing Wii games, listening to music, reading to children and learning about her ancestry. She is currently working on her family album.

Jan loves to be involved in activities and even got our staff members to participate in the Ice Bucket Challenge for ALS which is on video on our Facebook page!



Holiday Gift Guide

FOR NURSING HOME RESIDENTS



Gifts to brighten their room



Hardy house plants, picture frames, paintings, a calendar with birthdays and notable dates of family and friends, collage of family photos, or a seasonal wreath for their door.

Gifts that touch the heart



Hand made gifts, a framed poem or art from grandkids, or the most cherished gift, a visit! Tutorial for this vintage photo wreath at infarrantlycreative.net

Gifts for pampering



Basket of lotions, shaving lotion, luscious robe, gift certificate to the in-house beauty parlor.

Music, large piece puzzles, large print books, low vision playing cards, crossword puzzles, greeting cards.



Gifts for fun

Gifts for staying warm



Lap afghans or fleece throws, cheerful holiday sweaters, sweat suits, no skid socks/slippers.

The *Tru*Difference is our STARs

We believe it is our *stellar* employees that make TruCare the very best! It is the hard work and dedication of the passionate caregivers that set us apart. TruCare has launched a new recognition program called "TruStars" to recognize those who go above and beyond in the areas of Service, Teamwork, Attitude, and Respect.

WE WANT TO HEAR FROM YOU!

Let us know if you experience a TruCare employee going above and beyond the call of duty. Nominations are available outside of the administrators office.



Amelia Holloway



Chandra Johnson



Christi Pohorelsky



Lis Pettigrew



Mary Dancy



Rosella Washington



Courtney Washington



David Cardenas



Taneisha Bova

Meet the Stars:

ONE STAR ★

Alma Rangel
Amelia Holloway
Ana Salvador
Ann Waller
Charlene Miller
Christina Martinez
Cynthia Cortes
David Cardenas
Jacqueline Smith
Janessa Woods

Jazmin Carmona
Jennifer Ramirez
Joslyn Stovall
Keaundra Sandford
Mary Gonzales
Matha Lee Luhan
Rosa
Kathy Huntington

TWO STARS ★★

Alfred Denley
Freddie Johnson
Rosella Williams
Raquel Jackson
Janet Coleman
Martha Coleman
Terry Larson

THREE STARS ★★★

Chandra Johnson
Courtney Washington
Mary Dancy



FOUR STARS

Christi Pohorelsky
LaShawna Thomas
Lis Pettigrew
Taneshia Bova



5703 Gulf Tech Dr, Ocean Springs, MS 39564

TruCare
LIVING CENTERS
— COLUMBUS —

www.tlc-columbus.com
Phone: 979.733.0500
Fax: 979.733.0502

1511 Montezuma St.
Columbus, TX
78934



facebook.com/tlccolumbus